

**Schedule of Events**  
**Carpinteria Junior Lifeguard Competition**  
**July 14<sup>th</sup>, 2017**

A's - Ages 17-14

Distance Paddle (9:00am Start Time)  
Long Run  
Long Swim  
Run-Relay  
Run-Swim-Run  
Paddle Relay  
Beach Flags  
Taplin

B's – Ages 13-12

Distance Paddle (9:00am Start Time)  
R-S-R  
Beach Flags  
Long Swim  
Run Relay  
Taplin  
Long Run  
Paddle Relay

C's – Ages 11-9

Distance Paddle (9:00am Start Time)  
Run Relay  
Taplin  
R-S-R  
Paddle Relay  
Beach Flags  
Long Swim  
Long Run